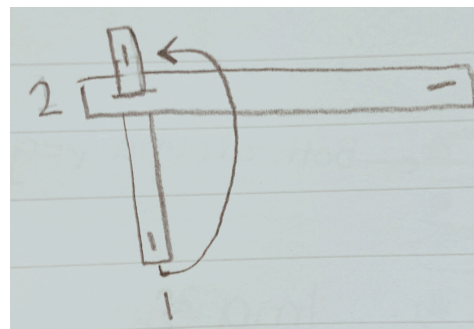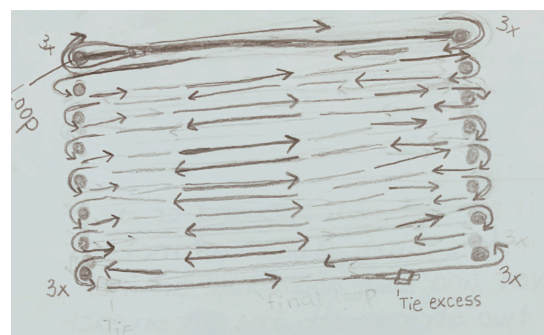# Stitching Hearts Worldwide

Fabric Rugs

Connecting Fabric Strips
1. Cut a one inch slit near the end of the fabric strip by folding the fabric about an inch and a half over and snip about half an inch per side. Cut two strips with the slit on each end.
2. Combine two strips together by taking strip 1 and feeding it through one hole of strip 2. Take strip 1 and bring it to the hole of the same strip. Then pull together. If making fabric strip balls, add on new strips as strip 1 and keep adding.
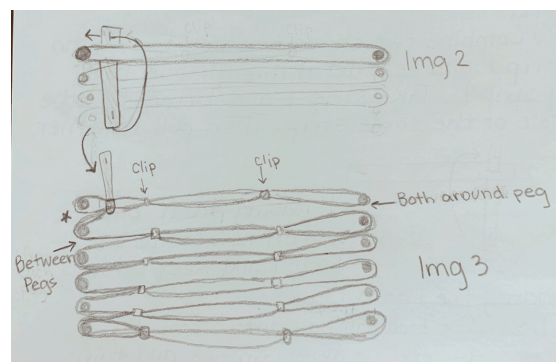

Loading the Loom
1. Tie end of fabric strip ball into a loop by bringing the end up about 8 inches and tying a double knot, making a loop.
2. Place the loop onto one side of the loom on the metal peg, pulling the fabric strip down the length of the loom and wrapping it around the other metal peg, making sure it is taut. Go back and forth 3 ties, then on the side you started on, wrap around the first peg. **Image 1**
3. Continue wrapping the fabric strips back and forth keeping it fairly tight.
4. When you reach the other side with the metal peg, wrap the fabric strip back and forth on the metal pegs three times.
5. If there is a lot of excess fabric strip, cut the strip leaving enough to tie to one of the other strips wrapped around the metal pegs.

Setting up to weave
1. Take a strip of fabric that you tied at the beginning and feed it under the fabric around the metal rod, bringing it's end through the slit on the top. Pull it tight **Image 2**
2. Add clips starting from the side you began looping on, and clip together two strands between pegs. Include the first loop on the wooden peg in the wrapped metal peg bunch. **(see * on Image 3)** The alternate side should be clipped with each peg.

Weaving
1. Take a fabric strip (created in beginning) and thread it onto the strip you added to the rug. To thread , think of the existing strand as "2" and the new one as "1" and follow instructions at the beginning.
2. Weave fabric strips starting over, then under each bunch until you reach the end. Then loop under the metal peg bunch, and continue opposite as the line before. Continue until rug is full. **Image 4**